



“Transforming Leadership”

September 14-16, 2007

Name (preferred): _____ Date: _____

Please choose your **top 4 sessions** in numerical order (1 being your first, best choice):

Dimensions of Wellness, *Greg Reents “Optimus Prime,” MCC*

This session will address issues that aid in your daily well being. Facilitators briefly cover six dimensions ranging from physical to spiritual wellness. This interactive session provides personal assessment activities and tools ranging from nutrition and diet to exercise tips.

F.I.S.H. for College, *Vickie Higgs, CAC*

Imagine a college where everyone chooses to bring energy, passion, and a positive attitude with them each day. An environment in which people are truly connected to their work, to their colleagues and to their college. Impossible? Not at all. FISH! is a tool to help you lead people toward creating that environment.

Trust in Your Leadership Skills, *Jessie Leach, CGCC*

Developing an enhanced understanding of trust and trustworthiness helps you focus on things you can have an impact on—your character, competence, and relationships with others. The effects of increased trust reach deep into the heart and soul of individuals and organizations. Why? because trust lies at the very core of leadership and effective human interaction. Come discover new and enlightening ways to understand, analyze and exercise trust and trustworthiness in all aspects of your life.

Top Gun Communication Training for Student Leaders, *CAC*

Compete to become “The Best of The Best” when it comes to Communication. The most fun you will have sitting down all weekend!

Resume & Interview Workshop, *Buddy Cheeks “Megatron,” SMCC*

This session will address the proper procedures for “Preparing for the Interview”. Facilitator addresses the ten components students need to build a firm academic and professional foundation to make themselves more marketable. Beginning with a Firm Handshake and Proper Attire. Creating the Exceptional, First Rate Resume. Facilitator will briefly cover ten categories to effective resume writing ranging from Purpose of the Resume to the Thank you Letter.

Time Management, *Dan Lufkin “Daniel Witwicky,” GWCC*

Benjamin Franklin once said “time is money,” so why would anyone want to waste time? If you want get the most out of your time, learn how to effectively prioritize your responsibilities, and accomplish more than you ever thought imaginable in a 24 hour day, then this workshop is for you!

Circle the College that you attend:

SMCC GCC GWC CAC CGCC MCC EMCC

Circle **one** Challenge Activity you would like to do:

High Ropes Course Wall Climbing

Are you Vegetarian?

Yes No

Please list any food allergies or accommodations you might need: _____

What do you hope to gain? _____

** This information MUST accompany your Registration Form.*

Office of Student Life and Leadership

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*“Excellence is not an accomplishment. It is a spirit, a never-ending process.”
- Lawrence M. Miller*